

Press Release FOR IMMEDIATE RELEASE

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Castro County Healthcare Celebrates National Doctors' Day

The local healthcare system joins millions nationwide in observance on March 30.

DIMMITT, Texas (March 25, 2024) – Healthcare providers are the backbone of every hospital and clinic, providing essential services to maintain the health of the community. Castro County Healthcare (CCH) is observing National Doctors' Day on March 30 by honoring these committed professionals, in recognition of their outstanding efforts.

"In rural Texas, having dedicated doctors is not just a luxury, but a necessity," says Elisha Rosier, CEO of CCH. "National Doctors' Day is a poignant reminder of the invaluable contributions made by physicians who often work tirelessly against formidable odds to provide essential medical services to those in need."

National Doctors' Day has been celebrated since March 30, 1933. The inspiration for this day stemmed from the anniversary of Dr. Crawford W. Long's pioneering use of anesthesia in 1842.

Eudora Brown Almond, the wife of Dr. Charles B. Almond, initially proposed this commemoration as a gesture of gratitude toward doctors worldwide. The significance of this observance was further recognized when the US House of Representatives passed a resolution in 1958 to mark the occasion formally. Finally, in 1990, with the approval of Congress, President George H.W. Bush signed a resolution officially designating March 30 as National Doctors' Day.

In Castro County, CCH meets the healthcare needs of area residents through Plains Memorial Hospital and its health clinic, the Medical Center of Dimmitt. Together, the two facilities, along with Country View Living provide a comprehensive range of healthcare services.

Local providers throughout the healthcare system are adept in various medical disciplines. They ensure that diverse healthcare needs within the community are met with expertise and compassion.

"Physicians in our community offer a wide range of healthcare services that are not only essential but convenient," says Rosier. "Many rural communities across Texas do not have the same access to healthcare services, making us grateful for the healthcare resources available in our area."

The lack of doctors in rural and small communities presents a considerable hurdle, leaving residents with limited healthcare options. The issue is compounded by geographical isolation and a shortage of medical professionals, which make access to routine and emergency care difficult.



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This gap in healthcare access adversely affects health outcomes and places a burden on residents, who must undertake lengthy travel and logistical challenges to seek medical assistance.

However, National Doctors' Day poignantly reminds physicians of their invaluable role in addressing these challenges. It is a day to celebrate the dedication and commitment of doctors everywhere, including those who serve in rural areas and often face unique obstacles in delivering care.

By commemorating doctors, we acknowledge their relentless dedication to enhancing the health and welfare of all people, irrespective of their location. Therefore, initiatives to tackle healthcare inequalities in rural areas are crucial and a befitting homage to the priceless contributions of doctors celebrated on National Doctors' Day.

Over the years, Castro County's medical community has grown to meet the needs of its residents. CCH adjusts physician recruitment efforts based on patient feedback and local medical trends.

"We are all proud of our medical community, including those who passionately care for our loved ones," Rosier says. "We should always express gratitude and thank our physicians for their service, whether we meet them in a hallway or during a checkup."

Please join CCH in showing appreciation for these essential healthcare providers:

- Timothy Jones, M.D. Emergency Room Physician
- Michael F. Ruggiero, D.O. Family Practice
- Kimberly I. Smith, M.D. Family Practice
- Ron K. Rankin, M.D. Country View Living Medical Director

To learn more about local medical providers and available healthcare programs and services in Castro County, please visit www.plainsmemorial.com.

About Castro County Healthcare

Founded in 1963, Castro County Healthcare provides healthcare for Castro County, Texas residents and the surrounding region. Anchored by Plains Memorial Hospital, the healthcare system offers many medical services, including 24-hour emergency care, advanced radiology services, including CT scanning and MRIs, outpatient lab, physical and occupational therapy, swing bed services, patient education, and more. For additional information, please visit www.plainsmemorial.com.

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